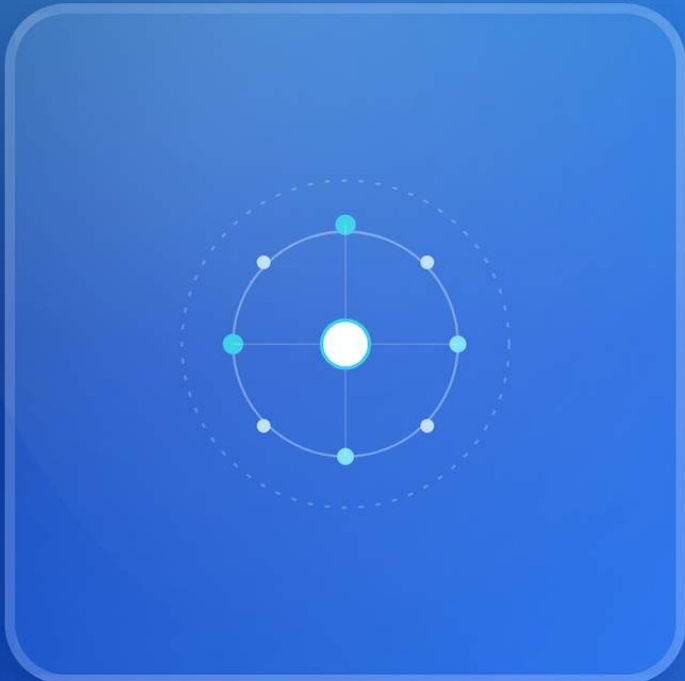


# Essential ICD-10 Codes

FOR ACUPUNCTURE A QUICK REFERENCE GUIDE (2026)

Accurate coding. Faster payments. Better patient care.

Your quick reference guide to the most common ICD-10 codes used in acupuncture practice — organized by condition so you can code with confidence.



**Accurate**  
Fewer claim denials and rejections



**Faster**  
Proper codes mean timely payments



**Compliant**  
Stay aligned with healthcare regulations



**Practice-ready**  
Better data, better outcomes



## What are ICD-10 codes?

ICD-10 codes are alphanumeric identifiers used to record diagnoses, symptoms, and procedures in healthcare settings — the common language between clinicians and payers.



## Key changes for 2025

ICD-10 codes update annually. Review CMS and WHO releases each fall so your billing stays compliant and claims keep moving smoothly.

## The Essential 2025 ICD-10 Codes Cheat Sheet

Grouped by condition type for faster lookup at the point of care



### Musculoskeletal Conditions

7 CODES

Low back pain

M54.5

Cervicalgia (neck pain)

M54.2

Pain in the right knee

M25.561

Pain in the left knee

M25.562

Pain in the right shoulder

M25.511

Pain in the left shoulder

M25.512

Sciatica

M54.3

Strain of neck muscle, initial encounter

S16.1XXA



### Neurological Conditions

5 CODES

Migraine, unspecified

G43.909

Chronic tension-type headache

G44.221

Atypical facial pain

G50.1

Carpal tunnel syndrome, unspecified

G56.00

Peripheral neuropathy, unspecified

G62.9



### Digestive Disorders

3 CODES

Irritable bowel syndrome without diarrhea

K58.9

Nausea

R11.0

Gastritis, unspecified, without bleeding

K29.70



### Mental & Emotional Health

3 CODES

Generalized anxiety disorder

F41.1

Major depressive disorder, unspecified

F32.9

Insomnia, unspecified

G47.00



### Other Relevant Conditions

3 CODES

Allergic rhinitis, unspecified

J30.9

Dysmenorrhea, unspecified (menstrual pain)

N94.6

Postoperative pain, unspecified

G89.18

## Tips for Using the Cheat Sheet

Small habits that keep claims clean and cash flowing



### Document Thoroughly

Ensure your SOAP notes clearly support every code used.



### Be Specific

Choose the most specific code for better claim acceptance.



### Stay Updated

Review ICD-10 updates regularly to maintain accuracy.



### Follow Payer Guidelines

Check insurance requirements for payer-specific coding rules.

## Common Coding Mistakes

...and how to avoid them

01

### Incorrect Code Selection

Similar codes can represent very different conditions.



#### AVOID IT

Verify codes, cross-check descriptions, and follow payer guidelines.

02

### Lack of Specificity

Generic codes can lead to unnecessary denials.



#### AVOID IT

Use the most specific code and document primary and secondary conditions.

03

### Documentation Errors

Incomplete notes can trigger audits and denials.



#### AVOID IT

Maintain detailed SOAP notes and keep EHR integration accurate.

## Optimize Your Billing & Revenue Cycle

Five steps from clean claim to cash in hand



### Use Practice Management Software

Automate coding to reduce human error.



### Verify Insurance Coverage

Check benefits before treatment to prevent denials.



### Submit Clean Claims

Accurate codes mean faster approvals and payments.



### Monitor & Appeal Denials

Track denials and appeal quickly to improve cash flow.



### Partner With Billing Experts

Save time and increase revenue with specialists.